

**SCAN THIS QR CODE TO
SEE ALL THE RING
ASSIGNMENTS THAT WILL
BE STAGED THROUGHOUT
THE DAY OF THE EVENT.**



Lone Star Championship "Class A"

Tournament April 6 2024

Saturday, April 6th - Lone Star Convention Center

7:00am Instructor and Student Registration

7:30am Mandatory Black Belt Meeting

(Ages 13 and up - including Rec Black Belts competing in a Black Belt division.)

8:00am Opening Ceremonies and Introductions

8:15am All ATA Tigers, Special Abilities, & Team Sparring begin

9:30am 8 & under Color Belts, 1st, 2nd, & 3rd Degree Black Belts

10:30am All 9&10 year old 1st, 2nd, & 3rd Degree Black Belts

11:30am All 9&10 year old Color Belts

12:30pm All 11&12 year old Color Belts, 1st, 2nd, & 3rd Degree Black Belts

1:30pm All 13&14 year old Color Belts

2:30pm All 15-17 year old Color Belts

3:30pm All 18 & Up Color Belts

*Adult Team Sparring, along with 1st-5th degree ADULTS competition will be staged throughout the day.



RING ASSIGNMENTS

Ring 20-22: TIGERS White, Orange & Yellow Belt

Ring 19: TIGERS Camo, Green and Purple Belt

Ring 18: TIGERS Blue, Brown, and Red Belt

Ring 14-17: Executive Team Sparring (50+ Years) / Bantam Team Sparring (10yr & Under)

Ring 13: Special Abilities

Ring 9 - 12: Legends (40+ Years) / Rookie Team Sparring (12yr & Under)

Ring 5 - 8: Elite (18+ Years) / Jr. Varsity Team Sparring 14yr & Under

Ring 1 - 4: Premier (30+ Years) / Varsity Team Sparring 17yr & Under

Team Combat Weapons and Traditional Sparring: \$75 per team, per event.

Teams must email the roster to masterh@murphyata.com by 8 AM 4/3/24 to register.

****13 yr old and above Black Belts will be called throughout the day****

****The times above are not competition times.**

These divisions can be called any time after the listed time for each rank**

All ATA Tigers, Color Belts, and Black Belts, please be on-site and in the main competition area no later than the times listed below. These times apply for male, female, Champion, and Recreational divisions.

Spectator Pass is \$10 - Military / Kids 5 & Under Are Free*

Parking is Free*

Standard ATA Regional Tournament Fees Apply

Tournament Location:
Lone Star Convention Center
9055 Airport Rd,
Conroe, TX 77303, USA

Text Message Notifications:
Text "LSChamp" to
888-230-1550 for all updates
before & during the event

www.LSChamp.com

Dear ATA Family,

With great joy and anticipation, we extend our warmest welcome to all our ATA Family as we gather for our 8th annual Lone Star Championship Tournament. Your presence, support, and participation are the cornerstone of this event, and we are profoundly grateful for your continued dedication to our martial arts community and this Class A Tournament.

To our sponsors, masters, and competitors, your commitment to excellence serves as an inspiration to us all. Together, we embark on this journey of growth, camaraderie, and mutual respect, celebrating the spirit of martial arts.

As we come together in unity, let us remember the words of Jeremiah 29:11 - "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

May this tournament be a testament to our shared passion and commitment, and may it ignite the flames of determination and sportsmanship within each of us. Welcome, and let the tournament begin!

Love,
Mr.Kalob, Mrs.Charissa,
Ms.Kyrene & Alannah Cox



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**\$225 PER PERSON
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SATURDAY MEALS, & LODGING**

FORMS. WEAPONS. SPARRING. GROUND FIGHTING. GAMES & MORE

WHAT TO BRING: sunscreen, water bottles, shoes, snacks, sleeping bag,
white uniform, all sparring gear, all weapons, black tshirt/kickpants

OPEN TO ALL BROWN BELTS & UP (AGES 13+)

roanokeata@gmail.com



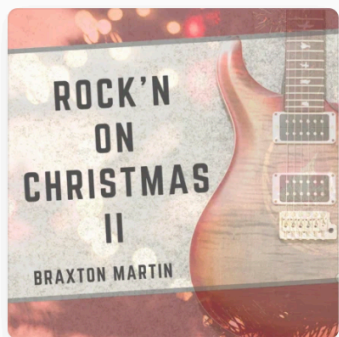
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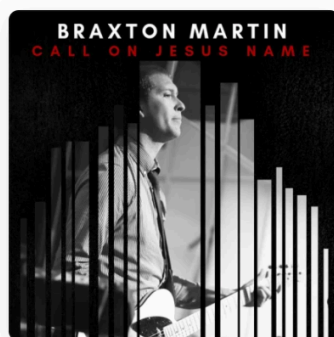


**To receive updates before,
during & after the event-
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Albums



Rock'n on Christmas 2
2019



Call on Jesus Name
2018



Rock'n On Christmas
2015



National Anthem Performed by Artist

Braxton Martin

You can find all his music on any streaming
music platform



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SCHOOL OWNERS INTERESTED TALK
WITH MR. COX ABOUT DETAILS

TRAIN SMART, STAY HUMBLE

What Is The **The Machado Method**®



A Systematized Process

The Machado Method of teaching Brazilian Jiu-jitsu has been developed by Master Carlos Machado over the last 50 years to provide the best blueprint for long term teaching success. This means incorporating Warm Ups, Solo-Drills, Partner Drills and Flow Rolling to create the most complete students from white belts to black belts. There are no gaps with the Machado Method.



Complete Curriculum Cycles

As part of the Machado Method curriculum cycles, each month Master Machado provides full curriculum for Adults, Kids, No-Gi, Gi, and Self Defense while giving you the ability to add the techniques that you find valuable at the same time. Each cycle includes full video covering the process concept, and extensions of all techniques. We also have professors note cards containing written instructions for all techniques.



Rank Certification & Standards

As part of the Machado Method curriculum we have full ranking standards for all belt levels from the white belt to the black belt and every degree in between. This means there is no more guesswork on what your students should know and if they are up to the Machado standards!



Business Systems

Our team is dedicated to your success and that means leveling up your skills on AND off the mat. With a library of our best practice documents, you will have all the tools and standard operating procedures necessary to run your martial arts school. From waivers to advertising methods, and sales, our library of business systems will help your school thrive.



Make Plans Next Year!

Join us March 28th & 29th, 2025

**For our 9th
Lone Star Championship!**

Don't Forget Your Limited Edition Shirt or Hoodie!



**WE WOULD LIKE TO RECOGNIZE THESE
AMAZING STUDENTS ON COMPETING
TODAY & SUPPORTING THIS EVENT
WITH THEIR STUDENT SPONSORSHIP!**

WAY TO LEAD THE WAY!

Gunnar Andersen

KP Cox

Kyrene Cox

Alannah Cox

Adrian Paredes

Preston Johnson

Kaisley Rogers

Rhyland Gossett

Lainey Driver

Tori Staldt

Colt Hahs

Easton Shears

Aubree Lee

Madison Fries

John Roman

James Roman

Roman Nguyen

Eliana Torres

Landon Diestler

JJ Sylvester

Ava Willingham

Jake Hite

Cooper Hite

Finnliegh Emery

Michael Chaney

William Comunale

Hunter Cantu

Logan Schilder

Marcia Barren

David Chaves

Thomas Bergman

Mark Oder

Luke Lozada

Gavin Reamer

Ellen Bayless

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**THE LONE STAR
CHAMPIONSHIP
LIFE TIME SPONSOR**



PAPA LOU



IN MEMORY OF
2ND DEGREE BLACK BELT - LOUIS COX

**THANK YOU FOR YOUR
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**Do Well Cox
Competition Team**

From Chandler Family

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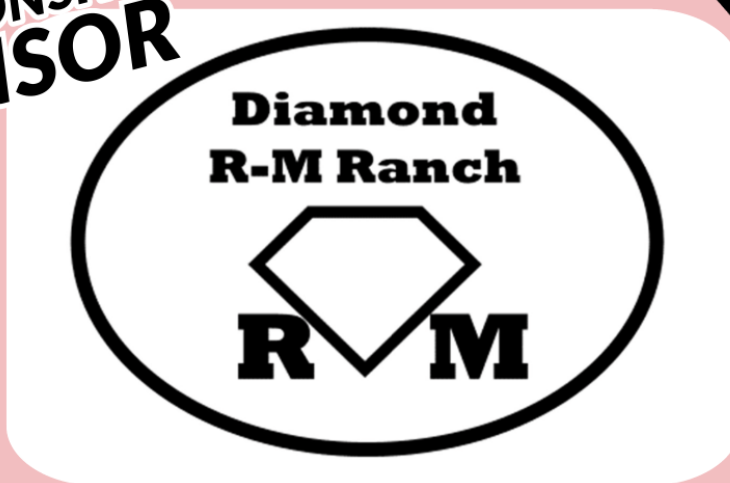


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**GOOD LUCK FROM THE
OOSTHUIZEN FAMILY**

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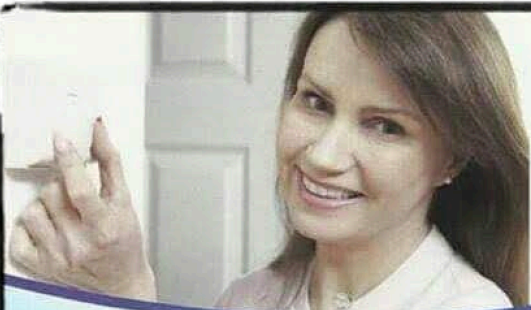


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Air Conditioning • Heating

Indoor Air Quality Solutions • Sales

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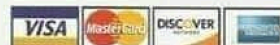
Spring Air Conditioning Tune-Up

First pound of Freon FREE

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AND **\$50** for each additional

No breakdown guarantee. If a breakdown occurs within 6 months of our service then no service fee will be charged.



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**Do Well Cox
Competition Team**

From Rule & Gruner Family!

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**Good Luck Team
From The Henwood Family**

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